



Ortho Rhode Island  
**SURGERY CENTER**

Welcome to the  
**SURGERY CENTER**

As leaders in forward-thinking, innovative orthopedics, the providers at the Ortho RI Surgery Center offer outpatient procedures to help you get back to the activities you enjoy most. Your healthcare team is comprised of highly trained, caring professionals who share a commitment to providing you with excellence in both clinical care and your patient experience.

# Before Surgery

The Surgery Center's pre-assessment team will contact you by telephone before your scheduled surgery to compile a short medical history and answer any questions you may have regarding your upcoming surgical procedure.

A Surgery Center team member will call you the business day before surgery to verify your surgery time.

Please pay close attention to all provided instructions to help ensure your comfort and reduce the possibility of complications. If these instructions are not followed, it may cause your surgery to be postponed or cancelled.

- **Food and Drink:** Nothing to eat after midnight, including water, gum, candy, mints, coffee.
- **Smoking & Alcohol:** No smoking or alcoholic beverages 24 hours before surgery.
- **Medications:** Your physician will advise you on which medications to discontinue before your surgery date.
- **Makeup, Nail Polish, Jewelry (including body jewelry):** Please remove all these items before surgery.
- **Clothing:** Wear loose, casual, comfortable clothing to fit over dressings.
- **Valuables:** Please leave valuables at home.

## Prepare for the Day of Surgery:

- **Information to Bring:** Insurance cards and photo ID.
- **Driver:** You must plan to have someone drive you home. Do not plan to use taxis or other public transportation.
- **Escort:** We strongly recommend a friend, relative or dedicated caregiver stays with you for 24 hours. Your escort may remain in our waiting area during your procedure.
- **Legal Guardian:** A legal guardian must be in the center AT ALL TIMES for children and dependent adults.
- **Care for Children:** If you have young children or pets at home for whom you normally care, plan for someone else to care for them for at least the first 24 hours following your surgery.
- **Interpreter:** If the patient cannot read, speak English, or use sign language, the Ortho RI Surgery Center will provide an interpreter service.

If you have pre-operative clinical questions,  
call 401-777-7000 x3259.



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# The Day of Surgery

## Finding the Surgery Center Campus

- The campus is located at 300 Crossings Blvd., Warwick, RI 02886.
- When you arrive, follow signs to the main entrance.
- After entering, proceed to the elevators to the left.
- Take the elevator to the Ortho RI Surgery Center on the 3rd floor.
- Upon exiting the elevator, you will arrive at the Ortho RI Surgery Center.

## Check-In

When you arrive at the Ortho RI Surgery Center on the 3rd floor, we ask that you check in at the reception desk to verify personal and insurance information.

## Following Admission

After checking in at the reception desk, you will be brought to the admitting area where you will be asked to change into a surgical gown. The nurse will obtain or verify a health history including height and weight. Temperature, pulse, and blood pressure will also be measured.

An anesthesiologist will discuss your anesthesia with you and answer any questions. The anesthesiologist will have you sign a Consent for Anesthesia form, acknowledging your understanding of the anesthesia to be administered. The nurse will have you sign a Consent for Surgery form, acknowledging your understanding of the procedure and permission for your surgeon to perform the scheduled procedure. If the patient is a minor, the consent form must be signed by a parent or guardian.

At the appropriate time you will be escorted to the operating room. During surgery, your escort can stay in a waiting area. When ready for discharge, we will provide you and your escort with written and verbal discharge instructions.

## Transportation

Upon discharge, post-operative patients will be picked up in the designated Post-Op Pickup area at the back of the building.

# After Surgery

Once you are in stable condition, you will be discharged. Most patients are discharged one to three hours after surgery. It is normal to experience sleepiness and dizziness for 12 to 24 hours after surgery.

## Post Care

You will receive verbal and written post-surgical care instructions. Please follow these instructions.

A Surgery Center team member will call you one day after your surgery to check on your recovery and answer any questions you may have.

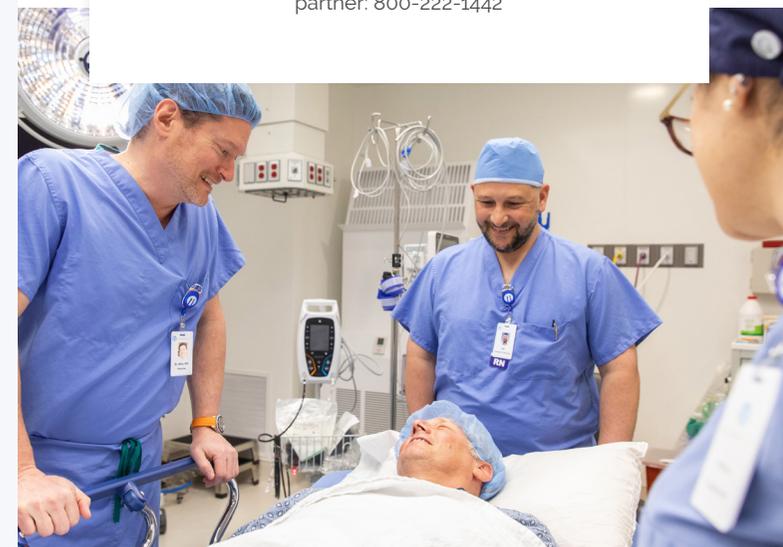
If you experience anything unusual after your surgery, please call your surgeon, or in the event of an emergency, call 911.

## Billing

Ortho RI Surgery Center patients will receive separate bills for office visits, surgical procedures, and anesthesia.

If you have questions about a bill from the Ortho RI Surgery Center, please call 888-853-8879, and our team will respond at the earliest opportunity.

If you have questions about your anesthesia bill, please contact customer service at our anesthesia partner: 800-222-1442





Ortho Rhode Island

*Caring for your every move.*

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[orthopedicsri.com/surgery-center](http://orthopedicsri.com/surgery-center)

401.777.7000